



December

High School Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
P I Z Z A	16" Pizza Cheese, *Pepperoni Buffalo Chicken	16" Pizza Cheese, *Pepperoni Vegetarian Pizza	16" Pizza Cheese, *Pepperoni White Pizza or Stromboli	16" Pizza Cheese, *Pepperoni Upside Down Pizza	16" Pizza Cheese, *Pepperoni Buffalo Chicken	Choices of Milk Include Skim Low-Fat White Chocolate and Strawberry Choices of Fresh Fruit & Fresh Vegetables Toasted Sandwiches now Available on the Deli Line Take A Taste December 16th-20th Try a Fresh Pear or Clementine
D A S H	Drumsticks Over Mashed Potatoes and Gravy or Mac & Cheese	Taste of Athens Gyro Bar or Greek Salad Meditarian Chicken Gyro	General Tso Chicken with Rice & Egg Roll or Stir Fry Orange Chicken with Egg Roll And Rice	Hand Carved Roast Beef Sandwich Mashed Potatoes and Gravy	Chicken & Waffles or Pasta Primavera with Chicken or Pasta in Red Sauce with Meatballs	
D E L I	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Chicken Caesar Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	Greek Salad Hoagie or Wrap with choice of Turkey, Turkey Ham Chicken or Tuna Salad and Hummus	
N A C H O	Taco or Nachos with choice of Ground Beef, Diced Chicken, Rice and Beans and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos with choice of Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	Taco or Nachos and Fajitas Ground Beef, Diced Chicken & Cheese and choice of Fresh Toppings	
G R I L L	Steakhouse Burger with Cheese & Onion Rings or Cheeseburger Chicken Steak	Royal Chicken Sandwich or Cheeseburger Pizza Steak	French Toast with Sausage or Sausage Egg & Cheese Bagel	Hot & Spicy Chicken with Honey Mustard on a Pretzel Roll or Cheeseburger	Chicken Parmesian Sandwich or The Upper Darby Double or Beef Steak	

Upper Darby School District High School Lunch Menu - All Students Have Access to Lunch at No Cost!!



CHECK OUT OUR STATION MENU BOARDS FOR SPECIALS OR MENU CHANGES!!

*Menu Items Do Not Contain Pork Product EXCEPT Pepperoni Pizza *

